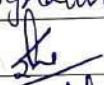
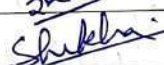





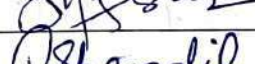




A meeting of Academic and co-curricular activities was held in room no. 208 on dated 8th August 2024 at 2.30 pm. Convener, Mrs. Seema Sharma welcomed the members and discussed about the achievements in academics, co-curricular activities and extension activities.

To enhance the performances of the students in academics, sports and other activities some proposals came from the committee members.

Following members were present in the meeting

S.No	Names	Signatures
1.	Ms Seema Sharma	
2.	Ms. Shikha Kapur	
3.	Dr. Bandha Chauhan	
4.	Dr. Sandesh Kumar	
5.	Vijeta Kashyap	
6.	Dr. Mujeeb Husain	
7.	Ms Anju Bala	
8.	M. Jyotsna	
9.	Vrinda Shandel	
10.	Geetanjali	

Review of sports, extracurricular and extension activities (session 2023-2024):

§ Achievements in extra curricular activities:

— Group I — Pallavi Sharma (B.A II painting)

Student) won third position in Himachal Pradesh University Inter-college Youth festival (Creativity 2023) and Yamana (BA III Psychology student) bagged third position in photography in Himachal Pradesh University Inter-college Youth festival (Creativity 2023) held at Govt. College Malagash)

— Group II — Parukshit (BA III Music student) bagged first position in Western Solo singing competition in HPU intercollege Youth festival held at Govt. College Rampur.

— Group IV — Students of Vallabh government college grabbed third position in skit in HPU Youth festival (Drama) at Govt. College Seema (Rohru)

— Students of B.A Painting organised an exhibition of their paintings and sketches titled 'Canvas Stories' at Sanskriti Sadan (Kangriidhas, Mandi on 12.08.2023 and 13.08.2023.

— Students of BA painting participated in an art workshop organised by deptt. of Language and Culture (Chaura Maidan, Shimla) at Bantony Castle, The Mall, Shimla from 27.04.2024 to 29.04.2024.

— Banita Thakur from deptt of Music came first in Open Youth festival (Music) of District Mandi in Dec. 2023

§ Sports

In the session 2023-24, students of

UGC Mandi were victorious in bringing overall sixteen positions in various HPU inter college sports activities. It is an appreciable achievement for the college. Based on the performances of the sportsmen and sportswomen of the college in various HPU inter-college championships held in 2023, many players were selected to play at north zone and national level. The data is available in the deptt of Physical Education of College

§ NCC (Air wing):

A few cadets of the college received President's commission and became flying officers in Indian Air Force. They qualified the Air Force Common Admission Test (AFCAT) and got recommended from Service Selection Board (Gandhinagar) and Service selection Board (Allahabad). 14 NCC air wing cadets also qualified NCC "CEE" certificate examination. NCC cadets of air wing participated in various national level camps and participated in many extra-curricular activities of the college.

§ NCC (Army wing) Girls & Boys: A total of 34 cadets successfully obtained the "BEE" certificate and 30 cadets cleared the "CEE" certificate examination. A total of 25 girls cadets of third year successfully obtained the "BEE" certificate in 2023.

§ National Service Scheme (NSS): Numbers of activities were carried out by the NSS volunteers throughout the year. Such as: Environment Day, Van Mahotsav week, Swacchta sally, Gandhi-

Jayanti, Meri Mati Mera Desh, Human Rights Day etc. A cleanliness drive was carried out by NSS unit from 27.11.2023 - 04.12.2023 to clean the Suketi River of Mandi.

§ Red Ribbon Club: This club helped in hosting the "Red Run Marathon" and the Red Show - Abhivyakti' on 20.09.2023 to spread awareness about AIDS in the district through a marathon and 10 minutes skit competitions.

§ Rovers and Rangers: Rovers and Rangers of the VCC unit participated in various specialized courses and Trainings throughout the year in Himachal Pradesh and other states of the country. Members of this unit came ahead and did their bit to assist the children of a nearby slum area. They taught reading and writing to the kids over there for 10 days. Apart from these activities they participated in many other activities throughout the session.

§ Road Safety Club: National Road Safety Month was observed in the college from 15th January to 14 February 2024. A lot of activities were carried out in the college campus under the road safety theme 2024 - "Be a Road Safety Hero". Declamation contest, slogan writing and poster making competitions were organised in the month

of February. A lecture session by the professionals from Police department was organised by the club.

§ Various activities were organised by the different departments of this college. A few of them are; Sanskrit Diwas, Deptt. of Physics organised a program on 'Introduction to Plasma, its applications and energy from nuclear fusion' in collaboration with Institute of Plasma Research (Gandhinagar), Hindi Diwas, Constitution Day, National Science Day, World Ozone Day, World Tourism Day, National Puns day, National Sports Day, a workshop was organised by deptt. of dance etc.

Activities to be carried out in the Academic Session 2024-2025

Following issues were discussed among the committee members in the meeting of Academic and Co-curricular activities:

- It was proposed to follow the activity calendar for the session 2024-2025.
- Team in-charges of various sports and cultural activities will be requested to motivate more students to participate in trials for various extra-curricular activities conducted in the college for their overall development and

inculcate the spirit of team work in them.

- Faculty members from all the departments will be asked to take remedial classes of the students who either are willing to improve their knowledge or are facing problems in the subjects they have opted for their graduation classes.
- Experts will be hired from different fields for training and coaching the students in sports, drama and other co-curricular activities.
- Students will attend workshops, like: dance, painting and drawing etc. to learn various techniques in their respective subjects from alumni and other experts of the country.
- Faculty members of the college will encourage the students to take mentor-mentee classes seriously so that their problems can be resolved by forming relationship based trust with them. This will improve the wellness of students and increase their overall performance.
- All the departments will be suggested to guide the students in their respective departments about various online certificate courses (e.g. SWAYAM PORTAL) which can be pursued along with their

regular studies. So that these courses help them in their career and personal development.

→ Teachers will also be requested to inform the students about the benefits of registration on XIDLI (National Digital Library of India) and to become members of NDLI college club, so that they can attend various seminars, webinars and lectures through the code provided by the college club.

→ Attempts will be made to conduct all the activities as per the activity calendar for the 2024-2025 session.

(Seema Sharma)
Convener,

Academic & Co-curricular
activities committee
VAC Mandi